

£7.95 3 COURSES & BABYCCINO

ALLERGEN MFNII

Have an allergy? Please check our allergen menu and let us know, even if you've had the dish before.

ASK For Better



Our pizza dough is now made with 100% Wildfarmed flour. This planet friendly flour reduces carbon by 50% and helps British farmers bring life back to fields across the UK. That means our delicious bread sticks starter & Happy Pizza face are treading a little lighter on the planet.

> To find out more about our journey to become a better business and our sustainability goals, visit www.askitalian.co.uk/ask-for-better

TO START —

CRINKLY VEGGIE DIPPERS

Carrots and cucumber sticks with a tasty tomato dip. Vegan Ø 34 kcal

TOASTY GARLIC BREAD Vegan 2 217 kcal

Add mozzarella. (V) 266 kcal

CHEESY PESTO PINWHEELS

Served with a tasty tomato dip. (V) 223 kcal

MAINS

PIZZA

HAPPY FACE PIZZA

Made with plum tomato eyes and a roasted red pepper smile 342 kcal Make this Vegan with MozzaRisella 308 kcal

If you would prefer your pizza without a face just let a member of staff know.

Choose 2 Toppings for your Happy Face Pizza: Pepperoni 92 kcal , Chicken Breast 47 kcal,

Ham 39 kcal , Olives Vegan Ø 13 kcal, Roasted Peppers Vegan Ø 9 kcal,

Mushrooms Vegan Ø 6 kcal, Spinach Vegan Ø 4 kcal Extra toppings: 50p

PASTA

BRILLIANT BOLOGNESE

With spaghetti pasta, 467 kcal

PRESTO PESTO CHICKEN PASTA

With curly pasta. 609 kcal

CREAMY CHEESY CARBONARA

With pancetta and curly pasta. 577 kcal

SPAGHETTI & MIGHTY MEATBALLS

With spaghetti pasta and tomato sauce. 492 kcal

DIP & DUNK PASTA

Dip your pasta into tomato sauce then dunk into grated cheese. (V) 400 kcal

BUILD YOUR OWN PASTA

Choose your Pasta: Spaghetti Vegan Ø 304 kcal or Curly Pasta Tubes Vegan Ø 266 kcal

Then add your Sauce: Tasty Tomato Vegan 84 kcal 💋 🍅, Pesto (V) 312 kcal, Creamy Cheese (V) 134 kcal

Add one Topping: Pancetta 76 kcal, Chicken Breast 47 kcal, Mushrooms Vegan Ø 6 kcal or Roasted Peppers Vegan 9 kcal

MAINS

CHICKEN GOUJONS 438 kcal +1.00 supplement

Baked breaded chicken with your choice of potatoes 438 kcal or crinkle chips 314 kcal and peas. Make this Vegan Ø with THIS™ Isn't Chicken. 428 kcal

CRISPY CHICKEN BURGER & CHIPS

Baked breaded chicken on a fresh bun served with tomato and lettuce. 770 kcal +2.00 supplement

All dishes with this icon **(*)** contain one portion of the recommended five daily servings of fruit and vegetables. Based on an adult serving containing at least

80g of fruit or vegetables.



This icon means your dish is low or very low carbon.

TINY TUMS

£3.50

For really tiny tummies we offer:

TO START

CRINKLY VEGGIE

DIPPERS Vegan Ø 10 kcal Cucumber sticks with a tasty tomato dip.

MINI MAINS

PIZZA PINWHEELS (V) 188 kcal With tomato sauce and mozzarella.

CURLY PASTA TURES

With butter 359 kcal (V) OR with our tomato sauce Vegan 🥒 318 kcal.

– DRINKS –

JUICE 2.50

Orange 139 kcal Apple 135 kcal Pineapple 172 kcal

CRAFT LEMONADE 1 95

Lemon 94 kcal Rasnherry 119 kgal

JOOSED! FRUITY WATER 2.50

Apple and blackcurrant

flavour 🍅 65 kcal

MILK 1.00 92 kcal

Why did the room go to the party?

SIDES -

PEAS ARE FREE

JUST ASK! Vegan 💋 24 kcal

PLUM TOMATOES 50p Vegan Ø 4 kcal

CRINKLE CHIPS 1.95 (V) 290 kcal

ROAST NEW POTATOES 1.95 Vegan 2 130 kcal

CRINKLY VEGGIE DIPPERS 1.00 Vegan Ø 28 kcal





UILD

DESSERT

SUNDAE

Choose 1 Scoop of Gelato or Sorbet: Vanilla (V) @ 84 kcal, Chocolate (V) 94 kcal, Berry Sorbet Vegan Ø 53 kcal, Salted Caramel Vegan 🥒 105 kcal

Choose 1 Sauce: Toffee (V) 18 kcal, Chocolate (V) 16 kcal, Mixed Berry Vegan 7 kcal

Choose 2 Toppings: Mini Meringues (V) 16 kcal, Fudge Pieces (V) 65 kcal, Toffee Popcorn (V) 30 kcal, Marshmallows 17 kcal, White Chocolate Curls (V) 27 kcal, Grapes Vegan Ø 4 kcal, Crushed Lotus biscuits Vegan Ø 48 kcal

GELATO DOUGHNUT SANDWICH

A mini Biscoff doughnut filled with a scoop of vanilla gelato & drizzled with chocolate sauce. (V) 221 kcal

CHOCOLATE BROWNIE

Fudgy chocolate brownie with chocolate sauce. (V) 223 kcal

FRUITY ICE LOLLY

Chilly Billy Pure Fruit ice squeezers. Ask a team member for flavours available. Vegan Ø 44 kcal

FRUTTI

Chopped apples and grapes.

Vegan 💋 88 kcal



Full nutritional information is available — ask a team member or visit our website. Our dish descriptions don't always mention every single ingredient. If you have a food allergy, intolerance, or Coeliac disease — please take a look at our allergen menu and let a team member know before placing an order, even if you have had the dish before. Whilst we have controls in place to reduce the risk of cross-contact, it is not possible for us to guarantee that our dishes will be allergen free. Please refer the allergen memu for more information. Keep an eye out for any stray olive stones, seafood shells or it little fishbones. (I) - suitable for vegetarians. Make this vegen — ask for the 'Vegen' option when placing your order. Our vegan dishes are made with care to a vegan recipe. However, due to cross contact at our suppliers and in our busy kitchens, these dishes are not necessarily suitable for those with allergies. For more information visit our allergen menu.

UILD